

Market Day Specials

THUR 9
& FRI 10
OCTOBER

2
DAYS
ONLY



South Australian Grown
Iceberg Lettuce

\$2⁵⁰
EACH



South Australian Grown
Whole Cauliflower

\$3⁵⁰
EACH



Australian Grown
Whole Celery Bunch

\$3⁰⁰
BUNCH



South Australian Grown
Naval Oranges 3kg

\$4⁹⁰
BAG

\$1.63 per kg

 seftonplazafoodland

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231 Main North Road,

Sefton Park SA. 08 8169 3200

Sefton Plaza
FOODLAND



We love
FOOD!

Market Day Specials

THUR 9
& FRI 10
OCTOBER

2
DAYS
ONLY



Premium Pork Medallions

\$15⁹⁰
KG

Product of Australia



Premium Lamb
Rump Steak

\$24⁰⁰
KG

Product of Australia



Freshly Baked
Torpedo Bun 450g

\$2⁰⁰
EACH

44c per 100g



Almond Kernels

\$15⁹⁰
KG

Product of Australia

MONDAY TO FRIDAY 7.30am – 9.00pm

SATURDAY 7.30am – 5.00pm

SUNDAY 9.00am – 5.00pm

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SPECIALS VALID THUR 9 AND FRI 10 OCTOBER 2025 – WHILE STOCKS LAST.
AVAILABLE ONLY AT SEFTON PLAZA FOODLAND and are in addition to this
week's Foodland colour catalogue. Savings based on Sefton Plaza Foodland normal retail
price as of 30/9/2025. Pictures for serving suggestions and illustration purposes only.

Sefton Plaza
FOODLAND



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FOOD!